

# BUTTERFLY MEDICINE:

## Stones Speak (Vol. I & II)

Stones Speak Vol. I or Vol. II E-classes are \$10.00 per class

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### Abalone

*“Abalone, sweet gift of the Mother’s seas,  
Riding Neptune’s undulating waves,  
Mollusk reflections of infinity  
We accept, with thanks, your healing rays.”*

-Lindamarie Hill

This shell speaks of the honor of the many uses it has played in ceremony. It has been especially delighted to be used as a vessel for containing herbs, and remembers its place as a tool. It delights in having children scoop sand and build with it on the beach.

It has been proud to decorate and adorn the human form, but wants to remind us of its magnificent healing qualities. The rays are especially useful as the great Lady Gaia takes humanity into the fifth dimension. It was placed upon the Earth for this purpose, and says to humans, “We are evolving and entering unity consciousness together.”

The pastel tones assist in aligning the unified chakra system.

“Holding me between the thumb and middle finger of the right hand will stabilize and balance the masculine energies in the body. Likewise, holding me in left hand, between the thumb and middle finger will also stabilize the feminine energies of the human form. To unify the masculine and feminine energies hold me with the thumb and index fingers of both hands,” says the abalone.

“You may create a bath solution for strengthening the energetic matrices of all energy fields. Keep me in a solution of Dead Sea Salt, by the tub. Use this in every bath for gentle adjustment to the increasing frequency of the new energies being grounded into the Earth. Add a splash of herkimer water to a cup of my Dead Sea salt solution.” (2 teaspoons/gallon)

Herkimer water: Place one small herkimer in a container of spring water. Leave in the moonlight on a night of the full moon.

To fully understand the purpose of this shell in your own life, you must learn to connect with it on a personal level. Each person has a very special connection to stones, plants and people. Their personalities, as well as their physical chemistry and spiritual codes interact in very different ways, forming distinct bonds.

Therefore it is important to bond with your own piece of abalone. Place it over your heart chakra and breathe love into it. Ask the abalone to use the purity of your love to cleanse it of any residues of energies that are not vibrating at the level of love.

Then spend some time getting to know this precious friend. Ask to meet the spirit of your shell. Ask the spirit of the shell who you may work together. Ask the spirit of your shell what its purpose is for the Earth. Spend some time simply being with it and listening and sensing the energy. Not only is it extraordinarily beautiful, but a powerful healer as well. Record your answers for future reference.